

JOSEPH OCAMPO

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ACADEMIC APPOINTMENTS

Postdoctoral Scholar

UC San Diego, Rady School of Management, 2025 – Present

Lecturer

UC San Diego, Rady School of Management, 2025 – Present

Postdoctoral Research Scholar

San Diego State University, 2024 – 2025

Lecturer

UC Berkeley, 2024

EDUCATION

Ph.D., Psychology

University of California, Berkeley, 2024

B.A., Psychology

University of California, San Diego, 2013

PUBLICATIONS AND PAPERS

Peer-Reviewed Journal Articles

Urgulu, O., Luerssen, A., **Ocampo, J. M.**, John, O., & Ayduk, O. (In Press). Developmental trajectories and socioemotional correlates of emotion recognition in vocal bursts. *Developmental Psychology*.

Lundell-Creagh, R., Monroy, M., **Ocampo, J. M.**, & Keltner, D. (2025). Blocking Lower Facial Features Reduces Emotion Identification Accuracy in Static Faces and Full Body Dynamic Expressions. *Cognition and Emotion*, 1-12.

Ocampo, J. M., & Keltner, D. (2023). Dispositional compassion shifts social preferences in systematic ways. *Journal of Personality*.

Gu, Y., **Ocampo, J. M.**, Algoe, S., & Oveis, C. (2022). Gratitude Expressions Improve Teammates' Cardiovascular Stress Response. *Journal of Experimental Psychology: General*.

O'Donnell, M., Dev, A. S., Antonopolis, S., Baum, S. M., Benedetti, A. H., Brown, N. D., Carillo, B., Choi, A., Connor, P., Donnelly, K., Ellwood-Lowe, M. E., Foushee, R., Jansen, R., Jarvis, S. N., Lundell-Creagh, R., **Ocampo, J. M.**, Okafor, G. N., Azad, Z. R., Rosenblum, M., Schatz, D., Stein, D. H., Wang, Y., Moore, D. A., Nelson, L. D. (2021). Empirical audit and review and an assessment of evidentiary value in research on the psychological consequences of scarcity. *Proceedings of the National Academy of Sciences*.

Bai, Y., **Ocampo, J. M.**, Jin, G., Chen, S., Benet-Martinez, V., Monroy, M., Anderson, C., & Keltner, D. (2021). Awe, Daily Stress, and Elevated Life Satisfaction. *Journal of Personality and Social Psychology*, 120(4), 837-860.

Okonofua, J., Saadatian, K., **Ocampo, J. M.**, Ruiz, M., & Delgado, P. (2021). Empathic Supervision: A Scalable Intervention to Mitigate Recidivism from Probation and Parole. *Proceedings of the National Academy of Sciences*, 118(14).

Oveis, C., Gu, Y., **Ocampo, J. M.**, Hangen, E. J., & Jamieson, J. (2020). Emotion Regulation Contagion: Stress Reappraisal Promotes Challenge Responses in Teammates. *Journal of Experimental Psychology: General*, 149(11).

Submitted for Publication

Bai, Y., **Ocampo, J. M.**, & Keltner, D. *Collectivism and Income Inequality Shape Cultural Variations in Awe across 26 Countries*. Manuscript submitted for publication.

Castro, V. K., Chen, S., **Ocampo, J. M.**, Gordon, A., Impett, E., Weisbuch, M. *Is authenticity perceptible? Accuracy in judgments of state authenticity from expressive behavior*. Manuscript submitted for publication.

PRESENTATIONS

Ocampo, J. M., Smith, J., Hernandez, I., Thoman, D., & Christal, S. (2025, May). How STEM Brilliance Beliefs Shape the Next Generation of Researchers. *SDSU Post Doc Research Showcase*. Inaugural cross-disciplinary postdoctoral research showcase, San Diego, CA.

Ocampo, J. M., Smith, J., Hernandez, I., Thoman, D., & Christal, S. (2025, Feb). How STEM Brilliance Beliefs Shape the Next Generation of Researchers. In S. Arnold (Chair), *Making STEM Welcoming to All: New Ideas and Evidence* [Symposium]. Annual Convention of the Society for Personality and Social Psychology, Denver, CO.

Ocampo, J. M. (2023, August). Introduction to principal component analysis and factor analysis. Oral Presentation for graduate student Journal Club, Berkeley, CA.

Ocampo, J. M. (2023, March). Beyond Valence: the Specific Emotion Experience Questionnaire and Wellbeing. Oral Presentation for the Network for Emotional Well-Being, remotely via Zoom.

Ocampo, J. M. (2020, March). Introduction to Multilevel Modeling. Oral Presentation at the Gordon Allport Colloquium, Berkeley, CA.

Ocampo, J. M. (2020, January). State or Trait: Compassion and Social Utility. Oral presentation at the colloquium of the *Institute for Personality and Social Research*, Berkeley, CA.

Ocampo, J. M. & Keltner, D. (2019, Jul). Dispositional Compassion Reflects Differences in Social Utility. Poster presented at the annual meeting of the *International Society for Research in Emotion*, Amsterdam, Netherlands.

Ocampo, J. M. & Keltner, D. (2019, Apr). Dispositional Compassion Reflects Differences in Social Utility. Poster presented at the annual meeting of the *Society for Affective Science*, Boston, MA.

Ocampo, J. M. & Keltner, D. (2019, Feb). Dispositional Compassion Reflects Differences in Social Utility. Poster presented at the annual meeting of the *Society for Personality and Social Psychology*, Emotion Preconference, Portland, OR.

Ocampo, J. M., Gu, Y., Bergstrom, T., Chen, M., Algoe, S. B., & Oveis, C. (2017, March). Gratitude expressions in the workplace increase perceived warmth and competence of the expresser. Poster presented at the annual meeting of the *Society for Affective Science*, Positive Emotions Preconference, Boston, MA.

FELLOWSHIPS, HONORS, AND AWARDS

National Science Foundation Graduate Student Research Fellow	2019 - 2024
Society for Multivariate Experimental Psychology: Underrepresented Student Workshop Travel Award	2020
Outstanding Graduate Student Instructor Award	2018 - 2019
Graduated Summa Cum Laude from UC San Diego	2013
McNair Scholar, Excellence in Undergraduate Research	2012
Undergraduate Excellence, UC San Diego Hispanic Scholarship Council	2011

TEACHING

UC San Diego, Rady School of Management (graduate):

Statistical Programming and Data Inference I: FA 2025, SP 2025 (4.51/5.00)

UC Berkeley (graduate):

Data Analysis in Psychology, Graduate Instructor: 2023 (6.92/7.00)

UC Berkeley (undergraduate):

Cultural Psychology, Instructor, 2024 (6.67/7.00)

Research and Data Analysis in Psychology, Graduate Instructor: 2024 (6.83/7.00), 2023 (6.85/7.00), 2019 (6.20/7.00), FA 2018 (6.50/7.00), SU 2018 (5.57/7.00), SP 2018 (6.22/7.00)

Human Emotion, Graduate Instructor, 2019 (6.33/7.00)

Human Happiness, Graduate Instructor, 2017 (5.88/7.00)

Guest Lectures

Ocampo, J. M. (2025, Apr). The Hidden Curriculum in STEM: Pre-MARC Learning Community. Oral Presentation for Pre-MARC undergraduates at SDSU, San Diego, CA.

Ocampo, J. M. (2023, August). Culture and Moral Psychology. Oral Presentation as guest lecturer for undergraduate class *Cultural Psychology* at UC Berkeley, Berkeley, CA.

Ocampo, J. M. (2023, April). Longitudinal Data Analysis with MLMs using *lme4* in R. Oral Presentation for graduate class *Data Analysis* at UC Berkeley, Berkeley, CA.

Ocampo, J. M. (2017, October). Are Happy People Thankful or do Thankful People Become Happy? Oral Presentation for small undergraduate led DeCal class *Happiness Advantage* at UC Berkeley, Berkeley, CA.

MENTORING

Graduate Student Mentees

Chih-An Bien	2024-2025
Luis Darwin Avalos	2024-2025
Rosalva Romero-Gonzalez	2024-2025
Brooke Isrow	2024-2025
Robbi Melvin	2024-2025

Undergraduate Honors Theses Co-advisor

Mentee: Gardenia Chang and Layla Fan **2024**

Project: EMA study of emotion malleability beliefs, emotion regulation, and distress

Mentee: Allison Hersh **2023 – 2024**

Lead Undergraduate: Kiely Bol **2023 - 2024**

Team Project: Mindfulness and false memories: state and dispositional mindfulness does not increase false memories for naturalistic scenes presented in a virtual environment

<u>Lead Undergraduate:</u> Hannah Jeong	2023 – 2024
<u>Team Project:</u> Hindsight bias in depression	
<u>Mentee:</u> Duc Nguyen	2019 – 2020
<u>Project:</u> The role of compassion in decision making	
<u>Mentee:</u> Krista	2018 – 2019
<u>Project:</u> Emdiversity and wellbeing in college students	
<u>Mentee:</u> Megan McDaniel	2018 – 2019
<u>Project:</u> Emotion contagion, status, and wellbeing	
<u>Mentee:</u> Melody Chen	2016 – 2017
<u>Project:</u> How gratitude expressions influence social stress responses in socially anxious individuals	
<u>Mentee:</u> Karina Mohajerani	2015 – 2016
<u>Project:</u> Emotion Regulation Strategies and Performance Under Stress	

RELATED EXPERIENCE

External Work

Statistical Consultant

Sep 2022 – Present

Consult on sound statistical analyses for applied or academic research. Use advanced multilevel analysis techniques. E.g., separating between-cluster from within-cluster variance or account for autoregressive error in longitudinal data. Provide graphs and clear explanations of complex model results and/or modeling decisions.

Research Collaborator

Sep 2018 – Dec 2018

Greater Good Science Center

Attended development meetings, provided feedback on development programs, and consulted on statistical analyses for projects seeking to study and enhance well-being.

Lab Manager

July 2015 – June 2017

Empathy and Emotion Lab, UC San Diego

Recruited and managed up to 30 undergraduate RAs per quarter, managed administrative tasks like IRB review and grant reporting, designed psychophysiological experimental protocols and instructed RAs, analyzed results using multilevel linear regression in R.

Ending the Silence Program Scheduler

Dec 2014 – May 2015

National Alliance on Mental Illness – San Diego

Managed scheduling of speakers in schools across San Diego county, tracking and filing paperwork for the grant funded program, and recruiting and training new volunteer presenters.

Asst. Learning Skills Counselor

June 2014 – June 2015

UC San Diego TRIO Programs

Tutored and developed curricula for approximately 30 high school youth from low-income families and minoritized backgrounds. Curricula focused on college entrance requirements & application, college experience, careers, and academic or community resources. During summer, supervised and tutored high school students for TRIO's on-campus algebra, calculus, and marine biology/ecology classes. Trained as a mandated reporter.

Research Assistant

Jan 2011 – July 2015

Empathy and Emotion Lab, UC San Diego

Ran experiments, managed data cleaning, oversaw psychophysiological experiment sessions.

Service**Peer Mentor to Berkeley Graduate Students****Aug 2019 – May 2024**

Instruct and advise: survey and experimental design, measurement, factor analysis, regression diagnostics, multilevel modeling and centering, non-parametric or robust alternatives. Emphasize understanding, interpreting, and practically using skills in research.

Co-facilitator and Instructor for Quantitative and Analysis Skills Workshop**Fall 2018/Fall 2019**

Co-developed & taught 1-semester's worth of introductory statistics & research methods curricula for 20-30 incoming graduate students. Teaching: introduction to statistical software R, linear regression, logistic regression, resampling techniques, and regularization.

Volunteer Speaker for “Ending the Silence” Program**May 2013 – July 2015**

National Alliance on Mental Illness, San Diego

Trained educator sharing information about and personal experience with mental illness with middle and high school students in San Diego county.

Research Methods and Statistical Expertise

Measurement development: item development, assessing internal consistency, convergent and discriminant validity, item response theory.

Multilevel modeling: repeated measures and longitudinal data, distinguishing within- & between-cluster effects, growth modeling, graphing and interpretation, dyadic analysis with actor-partner interdependence modeling (APIM).

Structural equation modeling: CFA, multigroup analysis, invariance testing, path modeling, “Longitudinal SEM” workshop by Curran-Bauer, mediation analysis.

Cluster analyses: use of different algorithms, such as k-means, k nearest-neighbors (knn), density-based spatial clustering of applications with noise (DBSCAN), and finite mixture modeling in R package *mclust*.

Other multivariate approaches: principal component analysis, exploratory factor analysis, linear discriminant analysis, canonical correlation analysis.

Machine learning approaches: regularization via elastic net, random forest for regression or classification, k-nearest neighbor algorithm, gradient boosting (i.e., XGBoost in R).

Robustness: multiple comparison correction, robust regression, cross-validation, outlier assessment, bootstrapping, permutation testing.

Peripheral psychophysiology: EKG for heart-rate and heart-rate variability (HRV), respiration, electrodermal activity (EDA), and impedance cardiography (ICG) with Biopac; analysis also with Mindware software.

MEMBERSHIPS

Western Psychological Association

Society for Personality and Social Psychology

Society for Affective Science

APA Division 5 – Quantitative and Qualitative Methods

APA Division 8 – Society for Personality and Social Psychology

APA Division 45 – Society for the Psychological Study of Culture, Ethnicity and Race

Society for Affective Science

FORMAL TRAINING

Longitudinal Structural Equation Modeling. Three-day workshop presented by Curran-Bauer Analytics via webinar.

2020